

## ***Golden "Life Saving Rules"***

The Golden "Life Saving Rules" Rules center on the rules that if violated can cause severe or fatal injury to employees. This is a draft list for consideration and review, and is not meant to be all encompassing. Every co-op faces different hazards and exposure to injury.

Please use as you feel appropriate for your cooperative.

- 1) Use of gloves and sleeves when working on energized lines and equipment
- 2) Application of personal protective grounds to ensure lines and equipment are de-energized
- 3) Utilization of insulating protective equipment when working on energized lines and equipment
- 4) Application of vehicle grounds and/or barricades when required
- 5) Use of proper Lock Out / Tag Out procedures (switching and tagging requirements)
- 6) Use of proper fall protection when working aloft (use of harness, lanyard and arrest system)
- 7) Use of confined space procedures (including testing and rescue procedures)