

# My commitment to safety



**Name:** \_\_\_\_\_

**I commit to use the following work practices and ideas:**

- Use our Life-Saving Rules:
  - Personal protective equipment (gloves and sleeves)
  - Application of personal grounds
  - Application of proper insulating material
  - Proper use of clearance procedures
- To “speak up” and not accept, or walk by, a shortcut to safe work
- Slow down and perform effective job planning on all work assignments

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_